

# **An Ode to Teen Daters**

By Josie Reinhardt - Class of 2008

**When you are just a teenager and the hormones are rising,  
You gotta be careful, you never know what is on the horizon**

**There is a high risk for violence in these young attractions,  
So it's important to learn how to take action.**

**1 in 3 couples have experienced abuse in their partnership,  
Let's learn together how to prevent such dictatorship.**

**Physical, emotional and mental abuse can occur,  
Sometimes the signs are so common, they become a blur.**

**If you feel guilty, your partner's tactic is working,  
Don't let it fool you, soon they'll always be lurking.**

**They said they're sorry, it won't ever happen again,  
But when it does, its time to defend.**

**Defend yourself, you don't deserve it.  
No matter what their excuse is, it's not legit.**

**Tell a friend, tell a teacher, you gotta notice the signs,  
From jealousy to yelling—there are all different kinds.**

**It's hard to admit that your partner is abusive,  
Their apologies and public affection become so illusive.**

**Listen to your friends and talk to your family,  
Sometimes they are the only ones who see the reality.**

**So get help now before it's too late,  
Call the *National Domestic Violence Hotline* and determine your fate.**

**Look out for yourself and look out for your friends,  
Don't find yourself in a dead end.**